



Easy-to-Grow Vegetables

for the Beginning
Gardener



Beets

- Plant beet seeds 1 inch deep, spacing them 4 inches apart.
- Water about one to two times a day to keep the ground moist.



Carrots

- Carrots are unlikely to attract insects. Plant carrot seeds about 1 inch into the soil, placing two seeds into each spot, spacing the holes about 3 inches apart.
- As they grow into seedlings, you'll need to thin them out, meaning you'll pull some of the new seedlings so there is about 4 inches between each carrot seedling.
- Water about one to two times a day to keep the ground moist.



Radishes

- Radishes are great for beginners because they grow fast and insects don't like them.
- They are typically the first thing to pop up and are really hard to kill. Plant radish seeds about a 1/2 inch into the soil, spacing the seeds about 1 inch apart.
- Water about one to two times a day to keep the ground moist.



Sugar & Snap Peas

- These are fun to grow because they produce a lot of pods and can be eaten right away.
- Be sure to plant early in the season because they do better in cooler weather. Plant sugar or snap peas 1 inch deep, spacing them out every 4 inches.
- Water about one to two times a day to keep the ground moist.



Lettuce

- Lettuce grows fast and seems to pop up almost immediately!
- Plant lettuce seeds about a 1/2 inch deep in a 3-inch-wide band and space each planting about 8 inches apart.
- Water about one to two times a day to keep the ground moist.

